

**What every dentist needs to know about the management of  
Temporomandibular Disorders  
- *The facts and the fantasies* -**

by

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**About the Course:**

Temporomandibular disorders (TMD) are a group of musculoskeletal disorders of the masticatory system. These disorders are common, and dentists are the primary care providers. Therefore, every dentist should have a sound understanding of TMD so that the most appropriate care will be selected for the patient. Often simple care can make big differences in the patient's quality of life. This presentation will describe the present evidence that helps guide the clinician to best treatment for TMD. Attempts will be made to separate the facts from the fantasies in the area of TMD.

**What You Will Learn:**

- To identify those pain disorders that will likely respond to your therapy from those that will not.
- How to differentiate TMD from other sources of orofacial pain.
- The relationship between occlusion and temporomandibular disorders.
- The relationship between bruxism and muscle pain.
- The most favorable orthopedically stable relationship between the occlusion and condylar position for orthodontic prosthodontic and therapy.
- The appropriate use of occlusal appliance therapy for muscle pain and joint pain.
- When an occlusal appliance reduces the patient's TMD symptoms, what do you next?
- When to consider referring the TMD patient to another health care provider.

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Dr. Okeson is Professor and Dean of the University of Kentucky College of Dentistry. He founded in the College's Orofacial Pain Program in 1977. Dr. Okeson has more than 240 publications in the area of occlusion, TM disorders and orofacial pain in various national and international journals. The eight edition of Dr. Okeson's textbook Management of Temporomandibular Disorders and Occlusion is published by Elsevier Publishers. This text is used in most of the United States dental schools as well as in many other countries. It has been translated into twelve different foreign languages. In addition to this text, Dr. Okeson has authored the seventh edition of Bell's Oral and Facial Pains which is published by Quintessence Publishing Company and widely used in orofacial pain programs throughout the world.

Dr. Okeson is an active member of many TMD and orofacial pain organizations holding many offices and serving on numerous committees and boards. He is a past President of the American Academy of Orofacial Pain and former editor of the Academy's Guidelines. He is a founding Diplomate of the American Board of Orofacial Pain and has serviced twice as President. Dr. Okeson is a very sought after lecturer on the subject of TMD and orofacial pain and has presented more than 1300 invited lectures on the subject of TMD and orofacial pain in all 50 states and in 61 different countries. He has received numerous teaching awards including "The International Dentist of the Year Award" from the Academy of Dentistry International. This is the highest award recognized by this Academy and was given to him in recognition of his worldwide efforts in providing education in the area of temporomandibular disorders and orofacial pain.